

| Goods on Special Offer 091121 | | | |
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| | A: Ambient C:Chilled F:Frozen SF:Suitable for Freezing FV:Friut & Veg | Size | £ incl vat where applicabl e |
| DRINK | | | |
| Chocolate, Hot Drinking Cadbury/Caterforce | A | 2kg | £ 1.40 |
| Coffee D/Egbert Continental Dispensed by weight per gram/95g | A | 750g | £ 3.00 |
| Cranberry Juice, Princes | A | 1ltr | £ 0.75 |
| Grape wine, Shloer Alcohol free [Red or White] | A | 750ml | £ 2.00 |
| Malted Milk Drink, Horlicks, Sold by the 250gm | F | 100g | £ 1.40 |
| Milk, Goats, Fresh, Whole or Semi Skimmed, Delamere | A | 1ltr | £ 2.00 |
| Milk Oat, Original, UHT Alpro | A | 1ltr | £ 1.55 |
| Milk RWD Skimmed or Semi Skimmed or Whole | F | 2ltrs | £ 1.20 |
| Milk Almond Alpro | A | 1ltr | £ 1.35 |
| Milk Soya Original Alpro Sweet | A | 1ltr | £ 1.15 |
| Tea Green Tetley, Pure | A | 20s | £ 1.40 |
| Tea Tetley 1 Cup Sold loose | A | 1s | £ 0.02 |
| FOOD & SWEETS | | | |
| Apple, Bramley,sliced, Plastic Tub CL | A | 1.8kg | £ 7.50 |
| Apple Pie, Deep Filled Caterforce, £1pp | F | 14pts | £ 14.00 |
| Apple Pie, Deep Filled with Caramel Topping, Caterforce £1pp | F | 14pts | £ 14.00 |
| Apple Pie, Lattice, Bindi 1.20pp | F | 12pts | £ 14.00 |
| Baked Beans Euro Shopper PM40 | A | 410g | £ 0.35 |
| Baked Beans Happy Shopper | A | 410g | £ 0.35 |
| Beef Style Balls, Veggie Day | F | 350g | £ 2.10 |
| Biscuits Ambarg Original Fox PM100 | A | 170g | £ 0.95 |
| Biscuits Chocolate Caramels McV PM175 | A | 300g | £ 1.55 |
| Biscuits Cookies Oreo PM79 | A | 154g | £ 0.75 |
| Biscuits Half Chocolate Crinkles Foxs PM100 | A | 200g | £ 0.90 |
| Biscuits Crumble Oaties Happy Shopper 85 | A | 300g | £ 0.75 |
| Biscuits Custard Creams Happy Shopper PM59 | A | 150g | £ 0.50 |
| Biscuits for Cheese Jacobs Various types | A | 250g | £ 2.30 |
| Biscuits Fox Chocolate Viennese Melt PM129 | A | 120g | £ 1.10 |
| Biscuits Fruit Shortcake McVities PM129 | A | 200g | £ 0.90 |
| Biscuits Jammie Dodger PM100 | A | 140g | £ 0.70 |
| Biscuits Choc Chip ES Twin Pack PM100 | A | 400g | £ 0.80 |
| Biscuits Choc Chip Maryland PM89 | A | 145g | £ 0.70 |
| Biscuits Raspberry & Choc Chip Maryland RRP199 | A | 144g | £ 1.60 |
| Biscuits Milk Chocolate Caramels PM175 McV | A | 300g | £ 1.25 |
| Biscuits Milk Chocolate Digestive PM100 HS | A | 200g | £ 0.80 |
| Biscuits Milk or Chocolate Digestive PM165 McV | A | 266g | £ 1.20 |

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| Biscuits Viennese, Chocolate, Fox's | A | 120g | £ 0.90 |
| Biscuits White Choc/Cran Cookies ES PM59 | A | 150g | £ 0.50 |
| Blancmange Pearce Duff | A | 146g | £ 0.70 |
| Bread loaf WB Medium | A | 400g | £ 0.90 |
| Bread loaf WB Toastie | A | 800g | £ 1.20 |
| Broccoli Florets, CL | F | 2.5kg | £ 4.10 |
| Burgers, Asian, Spiced Burgers, Frys RRP: 3.73 | F | 320g | £ 3.50 |
| Burgers, Chicken Style, Frys x 4 RRP: 3.74 | F | 320g | £ 3.50 |
| Burgers, Gluten Free Quinoa & Rice, Frys RRP: 4.32 | F | 320g | £ 4.00 |
| Burgers, Traditional Meat Free, Frys x 4 RRP: 3.73 | F | 320g | £ 3.50 |
| Burgers,Veggie, Day RRP: 3.00 | F | 456g | £ 2.60 |
| Burgers, Quinoa & Falafel, Frys, x4 RRP: 4.32 | F | 320g | £ 4.00 |
| Burgers Quorn x 6 RRP: 1.69 | F | 300g | £ 2.30 |
| Butter Plant, Flora, Salted or Unsalted | C | 250g | £ 1.50 |
| Butter Muller Wiseman Black & White 250g | C | 250g | £ 1.50 |
| Butter Plant, Alternative to Butter, Salted or Unsalted | C | 250g | £ 1.50 |
| Cake, Chocolate Fudge, Premium, CL 60p per slice | F | 14pn | £ 8.40 |
| Cake, Jaffa, Vegan, Caterforce £1.35/pp | F | 14pn | £ 19.00 |
| Cake, Pearls Farmhouse Fruit Cake PM150 | A | 379g | £ 1.25 |
| Caramel Topping Sauce | A | | £ 3.50 |
| Cerials Bran Flakes Kelloggs PM219 | A | 500g | £ 2.15 |
| Cerials Cornflakes Kelloggs Bag Pack | A | 500g | £ 3.20 |
| Cerials Cornflakes Kelloggs Box PM219 | A | 500g | £ 2.10 |
| Cerials Friut & Fibre Kelloggs PM219 | A | 375g | £ 1.90 |
| Cerials Granola Mornflake Orchard Oat | A | 500g | £ 1.75 |
| Cerials Mixed Portions | A | 35xSgl | £ 10.50 |
| Cerials Shredded Wheat | A | 30s | £ 1.61 |
| Cerials Shreddies PM229 | A | 500g | £ 2.00 |
| Cerials Weetabix | A | 24s | £ 2.60 |
| Cheese Anchor Extra Mature Cheddar | C | 350g | £ 3.00 |
| Cheese Cathedral City Ex Mature Cheddar PM289 | C | 200g | £ 2.00 |
| Cheese Cathedral City Ex Mature Cheddar | C | 350g | £ 3.00 |
| Cheese Cheddar, Extra Mature, Wyke [£7.30per kg] | C | 2.5kg | £ 18.20 |
| Cheese CLP Taw Valley Extra Mature Cheddar | C | 1kg | £ 8.10 |
| Cheese Davidstow Mature Cheddar | C | 200g | £ 2.30 |
| Cheese Prilgrims Choice Extra Mature Cheddar PM200 | C | 200g | £ 1.40 |
| Cheese Prilgrims Choice Extra Mature Cheddar | C | 350g | £ 3.20 |
| Cheesecake BE | F | 395g | £ 1.30 |
| Cheesecake Mix Greens | F | 259g | £ 1.00 |
| Cheesecake Monerose/Sweet Ricotta [Strawy & Redcts] 1.35ppt | F | 12pts | £ 16.00 |
| Cheesecake Strawberry Cw | F | 485g | £ 1.50 |
| Chocolate Bar Dark, ES PM50 | A | 100g | £ 0.40 |
| Chocolate Bar Fruit & Nut ES PM50 | A | 100g | £ 0.40 |
| Chocolate Bar Hazelnut Cadburys | A | 100g | £ 1.25 |
| Chocolate Bar Hazelnut ES PM100 | A | 100g | £ 0.45 |
| Chocolate Bar Snickers Std PM50 | A | 48g | £ 0.42 |
| Chocolate Bar Yorkie Milk | A | 55g | £ 0.55 |
| Chocolate Bar Frys Cream | A | Sgl | £ 0.65 |
| Chocolate Bar Frys Peppermint Cream | A | Sgl | £ 0.65 |

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| Chocolate Bar, White, ES PM50 | A | 90 | £ 0.45 |
| Chocolate Cadbury Dairy Milk Caramel 100 | A | 120g | £ 0.95 |
| Chia Seeds, Black, Raw Organic RRP899 | A | 450g | £ 8.00 |
| Chips CL, Skin On Gourmet, Premium, Super crisp | F | 2.55kg | £ 3.00 |
| Chips McCain Home Chips | F | 1.6kg | £ 3.00 |
| Chips McCain Home Chips PM250 | F | 825g | £ 2.20 |
| Coffeemate, Carnation | A | 2.5kg | £ 14.00 |
| Corned Beef Princes | A | 340g | £ 2.30 |
| Corned Beef Princes | A | 200g | £ 2.01 |
| Corned Beef Ship | A | 340g | £ 2.20 |
| Cottage Pie Beef HS PM199 | A | 400g | £ 1.85 |
| Cottage Pie Scheff, microwaveable | F | 340g | £ 3.25 |
| Cottage Pie Ross PM100 | A | 320g | £ 0.90 |
| Cream Aerosol HS UHT PM155 | A | 250g | £ 1.25 |
| Cream, Clotted, Roddas | C | 113g | £ 1.25 |
| Cream, Double, Plant Based, Flora | A | 1ltr | £ 3.70 |
| Crisp Bread Ryvita Dark Rye PM125 | A | 200g | £ 1.15 |
| Crisps, Burts, Sea Salted | A | 90g | £ 0.50 |
| Crisps, Walkers, Ready Salted PM100 | A | 100g | £ 0.60 |
| Crumble, Apple or Rhubarb Twin Pot, Aunt Besie's | F | 290g | £ 2.00 |
| Currey, Keralan, Scheff | F | 340g | £ 2.00 |
| Custard Custard CL | A | 1ltr | £ 1.90 |
| Custard Instant Custard Powder HS PM50 | A | 72g | £ 0.44 |
| Custard HS Dairy PM69 | A | 400g | £ 0.55 |
| Custard Pots Ambrosia | A | 150g | £ 0.75 |
| Dates, Whole RM Curtis | C | 2kg | £ 8.10 |
| Dinner Kers Chicken or Beef or Lamb or Liver & Onions PM169 | F | 400g | £ 1.60 |
| Dried Fruit Cranberries Itac | A | 400g | £ 3.00 |
| Dried Fruit Sultanas Curtis | A | 2kg | £ 5.75 |
| Dried Fruit Sultanas HS PM145 2/250 | A | 375g | £ 1.30 |
| Dried Fruit Mixed Fruit HS PM145 2/250 | A | 375g | £ 1.20 |
| Dried Fruit Mixed Fruit Curtis Can be dispensed by weight | A | 2kg | £ 11.50 |
| Dried Fruit Tropical Fruit Itac | A | 400g | £ 2.30 |
| Eggs, Free Range Large PM145 | A | 6's | £ 1.15 |
| Escalope, Broccoli & Cheese, Quorn | F | 240g | £ 2.70 |
| Fish Burger Omega 3 BE | A | 2's | £ 1.90 |
| Fish Cod Fillets in Batter Medium 230-290g | F | Medium | £ 2.40 |
| Fish Cod Fillets in Batter Small 140-170g | F | Small | £ 1.25 |
| Fish Cod Fillets in Breadcrumbs BE PM200 | A | 200g | £ 1.90 |
| Fish Fingers Cod BE PM250 | A | 12's | £ 2.30 |
| Fish Pilchards/Tomato sauce Glenryck | A | 155g | £ 0.80 |
| Flavouring, Vanilla, Preema | A | 500ml | £ 4.10 |
| Flaxseed Oil, Biona | A | 250ml | £ 3.60 |
| Flour Bread White Allinsons | A | 1.5kg | £ 1.70 |
| Flour Bread White Allinsons Per 1.6 kg | A | 16kg | £ 1.60 |
| Flour Bread White Canadian Shipton Per 1.6 kg | A | 16kg | £ 1.60 |
| Flour Bread White Doves Per 1.6kg | A | 25kg | £ 1.60 |
| Flour Bread Wholemeal 100% Organic Doves Per 1.6kg | A | 25kg | £ 1.60 |
| Flour Plain CL | A | 3kg | £ 3.50 |

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| Flour Self Raising CL | A | 3kg | £ 3.50 |
| Fruit & Nut Itac Luxury Pack | A | 500g | £ 4.60 |
| Fruit Tinned Apricot halves/Syrup Princes | A | 410g | £ 0.95 |
| Fruit Tinned Fruit Cocktail/Syrup Princes PM119 | A | 410g | £ 1.10 |
| Fruit Tinned Manderins Princes Juice PM99 | A | 312g | £ 0.90 |
| Fruit Tinned Peach Slices/Syrup HS PM89 | A | 411g | £ 0.80 |
| Fruit Tinned Pineapple Chunks Juice PM100 | A | 432g | £ 0.90 |
| Fudge Cake Chocolate CW | F | 450g | £ 1.30 |
| Gateau, Black Forest, Ministry | F | 18ptn | £ 9.00 |
| Gateau Chocolate Hazelnut Delice | F | 18ptn x 90g | £ 14.00 |
| Gateau Strawberry | F | 14ptn | £ 5.75 |
| Gateau Strawberry CW | F | 375g | £ 1.83 |
| Ginger, Stem, Noels | F | 1050g | £ 11.00 |
| Gravy Bisto Favourites PM129 | F | 190g | £ 0.90 |
| Gravy Bisto Powder | F | 200g | £ 1.50 |
| Haldi KTC Powder Turmeric | F | 1kg | £ 4.50 |
| Hash Browns CL | F | 1.36kg | £ 3.10 |
| Hash Browns McC | F | 1kg | £ 2.63 |
| Honey Local Glebe Farm, St Breward | A | 454g | £ 5.00 |
| Jam Happy Shopper Strawberry/Blkcurrant/Raspberry | A | 454g | £ 1.00 |
| Jelly, Hartley, Assorted | A | 135g | £ 1.00 |
| Jelly, Redcurrant Hartley | A | 340g | £ 1.20 |
| Ketchup Tomato Heinz Squeezy | C | 1.35kg | £ 4.00 |
| Kiev Chicken Moy Park | F | 170g | £ 1.00 |
| Kiev Mushroom & Spinach Goodlife x 2 RRP: 3.02 | F | 250g | £ 2.60 |
| Lard Kerrymaid | C | 250g | £ 0.70 |
| Lasagne, Vegan, Scheff | F | 350g | £ 2.20 |
| Lemon Juice CL | A | 1ltr | £ 3.80 |
| Lemonade, Schweppes PM149 | A | 2ltr | £ 1.25 |
| Margarine Clover | C | 2kg | £ 5.75 |
| Margarine Meadowland Professional | C | 250g | £ 0.85 |
| Margarine Lurpack Spreadable | C | 250g | £ 2.20 |
| Marmalade HS Thin or Thick Cut | A | 454g | £ 1.00 |
| Marmalade Margett Thin cut | A | 3kg | £ 1.10 |
| Marmalade Old Times | A | 453g | £ 2.25 |
| Marzipan Renshaw Natural | A | 1kg | £ 6.40 |
| Mayonnaise CL | A | 1ltr | £ 2.30 |
| Milk Powder CL | A | 2kg | £ 14.00 |
| Nuggets, Chicken Style, Frys RRP: 3.92 | F | 380g | £ 4.50 |
| Nuggets, Rice Protein & Chia, Frys RRP: 3.78 | F | 240g | £ 3.50 |
| Nuts, Almonds Itac | A | 900g | £ 12.00 |
| Nuts, Cashews RM Curtis | A | 1kg | £ 16.80 |
| Nuts, Hazelnuts, Itac | A | 400g | £ 6.40 |
| Nuts, Hazelnuts, RM Curtis | A | 1kg | £ 15.00 |
| Nut Roast Slice, Artisan Cashew/Cranberry RRP299 | F | 200g | £ 2.20 |
| Nut Roast Slice, KK | F | 140g | £ 2.00 |
| Nuts, Walnut Pieces, Curtus | A | 1kg | £ 14.00 |
| Oil Rape seed Crisp & Dry | A | 1ltr | £ 1.90 |
| Oil Olive Extra Virgin HS PM149 | A | 250ml | £ 1.25 |

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| Pasty Mixed Steak Uncooked | F | 283g | £ 1.30 |
| Pasty Steak & Ale Uncooked | F | 283g | £ 1.60 |
| Pasty Vegetable | F | 283g | £ 1.10 |
| Peanut Butter Crunchy HS PM199 | A | 340g | £ 1.60 |
| Peas Garden Birds Eye PM150 | F | 400g | £ 1.40 |
| Peas Garden Birds Eye | F | 1.37kg | £ 4.50 |
| Peas Garden CL | F | 2.5kg | £ 3.50 |
| Peas Garden HS PM100 | F | 680g | £ 0.90 |
| Pickle C&B, Original Branston 0.5p per gram | A | 2.55kg | £ 10.50 |
| Pie Admirals Youngs PM139 | F | 340g | £ 1.25 |
| Pie Apple Aunt Bess | F | 550g | £ 1.50 |
| Pie Apple Deep Filled £1pp | F | 14pts | £ 15.00 |
| Pie, Country Mushroom, | F | 175g | £ 3.40 |
| Pie Mushroom, Cranberry & Brie Wellington | F | 215g | £ 3.60 |
| Pie Filling & Topping Black or Red Cherry £2.70/tub | F | 2.5kg | £ 8.00 |
| Pie Filling & Topping Red Cherry Princes | A | 410g | £ 1.50 |
| Pie Mariners Youngs | F | 340g | £ 1.25 |
| Pie Steak, Microwaveable, Puka Pk of 2 PM249 | F | 2s | £ 2.40 |
| Pie Steak & Kidney, Birds Eye PM100 | F | 155g | £ 0.95 |
| Pie Steak, Steak & Kidney, Chicken & Mushroom, Microwave, Pukka | F | 2's | £ 2.50 |
| Pie, Sweet Potato & Goats Cheese | F | 240g | £ 5.20 |
| Pitta Bread Brown Florentin Organic RRP196 | A | 6s, 280g | £ 1.75 |
| Porridge Oats Jumbo Oats Mornflake | A | 3kg | £ 4.60 |
| Pot Noodle Chicken/Mushroom/Piri Piri PM109 | A | 90g | £ 1.00 |
| Potatoes, Roast Aunt Besie's Homestyle PM189 | F | 700g | £ 1.40 |
| Potatoes, Pre Pack, Washed | A | 2kg | £ 1.50 |
| Pudding, Christmas, Loaf | A | 1.25kg | £ 9.20 |
| Quiche CL Lorraine 6 x £1 per portion | F | 1.27kg | £ 6.00 |
| Quiche Jon Thorner Cheese & Tom/Ham & Mush 8 x £1 ppt | F | 600g | £ 6.00 |
| Quiche Jon Thorner Ham & Mush/Cheese & Tomato | F | 200g | £ 2.70 |
| Quiche Jon Thorner Smoked Bacon & Leek | F | 200g | £ 2.60 |
| Quorn Bacon Style Rashers RRP359 | F | 150g | £ 3.00 |
| Quorn Minced Quorn | F | 1kg | £ 10.25 |
| Quorn Minced Quorn RRP3.18 | F | 300g | £ 2.90 |
| Quorn Pieces Quorn RRP3.19 | F | 280g | £ 2.40 |
| Rhubarb Can Soild Pack CL | A | 2.86kg | £ 3.00 |
| Rice Brown Long grain GS | A | 3kg | £ 5.40 |
| Rice Can Creamed Ambrosia PM105 | A | 400g | £ 0.65 |
| Rice Happy Shopper Microwave Rice Basmati etc PM100 | A | 250kg | £ 0.85 |
| Rice, Red, White & Wild | A | 1kg | £ 5.05 |
| Rice Uncle Bens Express Chicken, Pilau Rice | A | 250kg | £ 1.60 |
| Rice Wholegrain Tilda E/C | A | 5kg | £ 14.00 |
| Roast, Family, Soy & Quinoa, Frys | A | 500g | £ 6.00 |
| Roly Poly Jam AB PM159 | A | 300g | £ 1.30 |
| Salt, Sea Salt Crystals CL | A | 1.1kg | £ 3.10 |
| Sausages Vegetarian, Linda McCartney | F | 270g | £ 1.85 |
| Sausages Vegetarian, Linda McCartney RRP: 2.09 | F | 270g | £ 1.85 |
| Sausages, Meat Free, Birds Eye Pk 6 RRP225 | F | 300g | £ 2.20 |
| Sausages, Traditional, Meat Free, Frys | F | 380g | £ 3.60 |

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| Sauce Bolognese HS PM100 | A | 400g | £ 0.80 |
| Sauce Dried Bolognese Colmans | A | 44g | £ 0.85 |
| Sauce Pataks Korma | A | 250g | £ 0.80 |
| Sauce Pataks Korma | A | 450g | £ 1.65 |
| Sauce Mix Cheese Colmans PM75 | A | 40g | £ 0.60 |
| Sauce, Toffee, Da Vinci | A | 500g | £ 2.20 |
| Sauce Uncle Bens Curry, Sweet & Sour | A | 450g | £ 1.70 |
| Sesame Seeds SFC | A | 480g | £ 5.40 |
| Schnitzels, Crumbed, Frys RRP 3.33 | F | 320g | £ 3.00 |
| Schnitzels, Soy & Flaxseed, Frys RRP 3.86 | F | 320g | £ 3.50 |
| Schnitzels, V Bites Vegi-Deli Frys RRP249 | F | 200g | £ 2.20 |
| Scones, Sultana Individual | F | 61g | £ 0.25 |
| Soup, Bottle, Carrot/Coriander, Tideford | A | 2ltr | £ 6.90 |
| Strips, Chunky, Rice & Chia, Stir Fry, Frys | F | 380g | £ 3.40 |
| Soup, Chicken, Mush or Veg, Can Heinz PM109 3/300 | A | 400g | £ 0.90 |
| Soup, Chicken, Mush or Veg, Can HS PM55 2/PM1 | A | 400g | £ 0.55 |
| Soup, Cup A soup, Granules, Minestrone | A | 99g | £ 1.73 |
| Soup, Packet, Tomato McDougalls | A | 25ptn | £ 3.50 |
| Spaghetti, Wholemeal, Organico RRP195 | A | 500g | £ 1.75 |
| Spread Sandwich Assorted Shippam | A | 75g | £ 0.80 |
| Steak & Kidney Pie Birds Eye PM100 | F | 155g | £ 1.00 |
| Stewed Steak/Gravy Tinned Grant | A | 1.2kg | £ 8.65 |
| Stewed Steak/Gravy Tinned Princes | A | 392g | £ 3.20 |
| Stir Fry, Rice & Chia Strips, Frys | F | 390g | £ 3.50 |
| Stir Fry Chow Mein Blue Dragon | A | 120g | £ 0.85 |
| Stock Powder, Kallo Organic Vegetable | A | 100g | £ 2.35 |
| Strips, Chunky, Beef style, Frys RRP 4.75 | F | 380g | £ 4.00 |
| Strips, Chicken style, Frys RRP 4.75 | F | 380g | £ 4.50 |
| Sugar Castor T&L | A | 2kg | £ 1.90 |
| Sugar Dark Brown Soft Whitworths | A | 500g | £ 1.10 |
| Sugar Demerera T&L | A | 1kg | £ 0.75 |
| Sugar Demerera T&L | A | 500g | £ 0.60 |
| Sugar Granulated Euro Shopper | A | 500g | £ 0.50 |
| Sugar Granulated Silver Spoon | A | 1kg | £ 0.88 |
| Sugar Granulated T&L | A | 2kg | £ 2.30 |
| Sugar Granulated Whitworth | A | 1kg | £ 1.00 |
| Sunflower seeds | A | 400g | £ 1.25 |
| Sweet corn in water HS PM79 | A | 340g | £ 0.65 |
| Swiss Roll CB Ripple PM100 | A | 200g | £ 0.90 |
| Swiss Roll Cottage Bakery Raspberry or Chocolate | A | 400g | £ 1.60 |
| Tart Lemon Meringue RP269 | F | 475g | £ 2.20 |
| Tart Plum Coppenrath | F | 1250g | £ 5.50 |
| Tart Vegetable Meditteranean Vegan | F | 260g | £ 5.50 |
| Tomatoes Plum Tinned HS PM55 | A | 400g | £ 0.45 |
| Tuna Flakes ES in Brine PM75 | A | 185g | £ 0.65 |
| Tuna Chunks HS in Brine | A | 160g | £ 0.75 |
| Tuna Chunks Princes in Brine [Drained weight 112g] | A | 160g | £ 0.90 |
| Turmeric Powder CL | A | 500gms | £ 4.50 |
| Turmeric Powder Haldi KTC | A | 1kg | £ 3.40 |

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| Vegetables Mixed HS PM100 | F | 680g | £ 0.90 |
| Vinegar, Cider CL | A | 2ltr | £ 5.00 |
| Vinegar, Cider H | A | 5ltr | £ 8.60 |
| Vinegar, Malt CL 90p/ltr | A | 5ltr | £ 4.00 |
| Waffles Potatoe BE Pack 10 | F | 567g | £ 1.80 |
| Wedges Ltly seasoned McCains PM250 | F | 750g | £ 2.30 |
| Yeast, Easybale, Allinsons. Suitable for breadmakers Pk2 RRP045 | A | 2 x 7g | £ 0.40 |
| Yogurt Extra Creamy Happy Shopper PM49 3/PM120 | C | 150g | £ 0.40 |
| Yogurt Fruit Mixed DTC 3 for 120 | C | 150g | £ 0.40 |
| Yogurt Soya, Organic Apricot/Blueberry RRP2.12 | C | 400g | £ 1.90 |
| Yogurt Natural Set, Onken BioYogurt | C | 500g | £ 1.30 |
| Yorkshire Puddings, Roast CL, 3" | F | 12s | £ 1.50 |
| Yorkshire Puddings, Roast Aunt Besie's Baked | F | 12s | £ 1.50 |
| Yorkshire Puddings, Roast HS PM100 | F | 185g | £ 0.80 |
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| HOUSEHOLD, TABLETS & OFFICE GOODIES | | | |
| Bags, Food & Freezer, Medium, PM165 | A | 40pk | £ 1.20 |
| Bathroom Cleaner Spray Bio | A | 500ml | £ 2.50 |
| Bleach, Original Thick, HS PM50 | A | 750ml | £ 0.40 |
| Cling Film CL 300mm | A | 300m | £ 4.20 |
| Copier Paper Xerox A4 | | 500sheets | £ 3.90 |
| Disinfectant, M/Action, Citrus Zest, Dettol | A | 4ltr | £ 3.50 |
| Dishwasher Powder Bio D | A | 750g | £ 8.00 |
| Dishwasher Tablets Crystale Phosphate Free | A | 18 Tablets | £ 1.00 |
| Fabric Conditioner Bio Fragrance Free | A | 1ltr | £ 2.20 |
| Flea & Crawling Insect Fumite [Smoke bomb] | A | 3.5g | £ 3.40 |
| Flea & Crawling Insect Spray | A | 175g | £ 5.50 |
| Foil Chefs Essentials 300mm wide x 60m long | A | 60m | £ 5.60 |
| Gloves, Soft Nitrile, Green, RS | A | 3prs | £ 10.00 |
| Ibuprofen Happy Shopper Tablets | A | 12 x 16 | £ 0.40 |
| Kitchen Towls Blossomsoft | A | | £ 0.35 |
| Kitchen Towls ES PM130 White | A | 4 pack | £ 1.10 |
| Kitchen Towls HS Jumbo PM100 | A | Sgl | £ 0.80 |
| Nurofen Caplets | A | 12's | £ 2.20 |
| Paracetamol Capsules HS | A | 16's | £ 0.60 |
| Paracetamol Tablets HS | A | 16's | £ 0.45 |
| Paracetamol Tablets HS BP | A | 16's | £ 0.45 |
| Pen, ballpoint, black | A | 50 | £ 0.12 |
| Refuse Sacks CP Extra Strong | A | 90bags | £ 12.50 |
| Rennies, Peppermint | A | 24pk | £ 2.00 |
| Scouring Cream, Cif, white | A | 500ml | £ 0.95 |
| Shoe Polish Kiwi Black | A | 50ml | £ 1.10 |
| Soap Containers & Lids | A | 12ozs | £ 0.25 |
| Soap Liquid, Carex Handwash Original PM100 | A | 250ml | £ 0.95 |
| Soap Liquid, CP Handwash Anti-Bacterial, £ per 250ml | A | 5l | £ 0.80 |
| Soap Liquid, Radox Care + Moisturiser Antibacterial Handwash | A | 250ml | £ 1.10 |
| Soda, Bicarbonate, Chef Williams | A | 1kg | £ 2.30 |
| Toilet Cleaner Chlorine free | A | 750ml | £ 2.20 |
| Toilet Tissues Blossomsoft | A | 1 roll | £ 0.35 |

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| Washing Powder Bio D Biodegradable, hypoallergenic. | A | 1KG | £ 4.00 |
| Washing up Liquid Fairy PM129 | A | 433ml | £ 1.20 |
| Washing up Liquid Fairy Professional | A | 5ltr | £ 10.40 |
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| FRESH FRUIT & VEG | | | |
| | | | |
| Apples Braeburn [approx 15 apples] | A | 2kg | £ 5.50 |
| Apples Braeburn Dutch Pk | A | 1kg | £ 1.00 |
| Apples Braeburn French Sold per apple | A | 12 x 7 | £ 0.14 |
| Apples Braeburn Italian | A | 18kg | £ 18.00 |
| Apples Royal Gala English 2kg [14-16 apples] | A | 2kg | £ 5.50 |
| Apples Royal Gala English 12kg but sold per apple | A | 12kg | £ 0.14 |
| Apples Goldern Delicious [per apple] | A | 18kg | £ 0.12 |
| Bananas PM129 | A | 5 x small | £ 1.00 |
| Bananas | A | 10 x small | £ 2.10 |
| Bananas Approx Fair Trade 1.2kg 6 -8 large | A | Large x 6 o | £ 1.64 |
| Broccoli Farm Fresh | FV | 350g | £ 0.80 |
| Brussell Sprouts | FV | 1kg | £ 1.80 |
| Cabbage Green, Savoy | A | Sgl | £ 0.90 |
| Carrots | A | 2kg | £ 1.60 |
| Carrots | A | 5kg | £ 4.40 |
| Carrots | A | 10kg | £ 5.80 |
| Carrots Large English | A | 12.5kg | £ 5.18 |
| Carrots English, Net | A | 10kg | £ 4.40 |
| Cauliflower Farm Fresh | FV | sgl | £ 1.25 |
| Celery | A | 13 sticks | £ 0.80 |
| Cucumber PM90 | A | Sgl | £ 0.70 |
| Grapes Green | A | 500g | £ 2.30 |
| Grapes Red | A | 500g | |
| Lettice Flat, English | A | 250g | £ 0.90 |
| Lettice Iceberg PM | A | Sgl | £ 0.70 |
| Lettice Little Gems Local UK | A | Pk 2 | £ 0.90 |
| Mushrooms Closed Cup PM99 | FV | 250g | £ 0.90 |
| Onions, Mild PM | A | 3s | £ 1.00 |
| Onions, Red PM | A | 3s | £ 1.00 |
| Oranges | A | 5's | £ 2.30 |
| Peppers Mixed PM185 | A | 3s | £ 1.60 |
| Parsnips Farm Fresh | A | 500g | £ 0.60 |
| Potatoes Pre Pack | A | 2kg | £ 1.50 |
| Swede | A | sgl | £ 0.95 |
| Tomatos PM100 | A | 6's | £ 1.05 |
| Tomatos Cherry Plum Moroc | A | 325g | £ 0.50 |
| Tomatos Cherry PM | A | 250g | £ 1.05 |
| Tomatos Cherry | A | 800g | £ 3.30 |
| | | | |
| PET FOOD & SUPPLIES | | | |
| Cat Food Butchers Classic Ocean Fish/Chicken PM75 2/140 | A | 400g | £ 0.65 |
| Cat Food Dreamles Cheese Cat Treats Cheese/Chicken PM125 | A | 60g | £ 1.10 |
| Cat Food HS Pouch White Fish, Chick,Beef/Lvr, Tuna PM29 | A | 100g | £ 0.25 |

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| Cat Food HS Can CIJ Chick,Salmon PM59 2/109 | A | 415g | £ 0.45 |
| Cat Food HS Can CIG Rabbit PM55 | A | 400g | £ 0.44 |
| Cat Food HS Complete Cat Food Rabbit/Duck/Herring PM79 | A | 450g | £ 0.63 |
| Cat Food HS Tray Pate/Beef/Lvr/Tuna PM35 | A | 100g | £ 0.27 |
| Cat Food Felix Foil Cod & Haddock or Chicken & Turkey | A | 100g | £ 0.37 |
| Cat Food Felix Can CIJ Chicken/Cod&Plaice/Tuna/Beef PM79 | A | 400g | £ 0.68 |
| Cat Food Felix Can Mixed variety | A | 400g | £ 0.72 |
| Cat Food Felix Pouch AGAIL CIJ Favs or meat PM425 for 12 | A | 12 x 100g | £ 4.00 |
| Cat Food Felix Pouch Mixed Selection CIJ | A | 100g | £ 0.35 |
| Cat Food Felix Pouch Mixed Gravy or CIJ PM375 | A | 100g | £ 0.25 |
| Cat Food Felix Pouch Beef/Chicken | A | 100g | £ 0.40 |
| Cat Food Felix Pouch Tuna CIJ | A | 100g | £ 0.30 |
| Cat Food Felix Pouch Meat/Fish/Poultry/Mixed Jelly | A | 100g | £ 0.25 |
| Cat Food Go Cat Adult Rabbit, Turkey & Veg PM115 | A | 340g | £ 1.10 |
| Cat Food Kitekat Can Chicken or Trout Jelly PM59 | A | 400g | £ 0.58 |
| Cat Food Pascoes Tasty Chunks Jelly | A | 100g | £ 0.20 |
| Cat Food Reno Tray Alucup with Beef or Poultry | A | 100g | £ 0.23 |
| Cat Food Sheba Alum Tray Chicke/Rabbit CIG 2/PM120 | A | 85g | £ 0.50 |
| Cat Food Webbox Cat Delight Pouch Jelly | A | 100g | £ 0.30 |
| Cat Food Whiskas Can CIJ Chick/Sard/Trout/Salm PM95 | A | 390g | £ 0.95 |
| Cat Food Whiskas Can Meat Selection CIJ | A | 390g | £ 0.75 |
| Cat Food Whiskas Can Supermeat Rabbit/Lamb | A | 390g | £ 0.75 |
| Cat Food Whiskas Pockets Dried Complete Tuna/Chicken PM125 | A | 340g | £ 1.15 |
| Cat Food Whiskas Sim Stm Fish | A | 100g | £ 0.30 |
| Cat Food Whiskas Pouch Casserole Poultry/Fish PM399 | A | 85g | £ 0.33 |
| Cat Food Whiskas Pouch CIG Traditional PM399 | A | 100g | £ 0.33 |
| Cat Food Whiskas Pouch CIJ Fish/Poultry/Fav PM399 | A | 100g | £ 0.27 |
| Cat Food Whiskas Pouch CIJ Chicken | A | 100g | £ 0.32 |
| Cat Food Whiskas Pouch Fish & Meat PM329 | A | 12 x100g | £ 3.20 |
| Cat Food Pouch Meat Whiskas PM375 | A | 85g | £ 0.30 |
| Cat Food Whiskas Pouch Sim Stm Fish PM469 | A | 85g | £ 0.32 |